



OFFICE OF THE PRINCIPAL
GOLAGHAT PURBANCHALIK COLLEGE
AFFILIATED TO DIBRUGARH UNIVERSITY
P.O. Hatyekhwa 785626, Dist, Golaghat (Assam)
E-mail:- purbanchalikcollege@gmail.com

YOGA LIFE SKILL SESSION 2021-2022

Life Skill	Yoga Practice Event 2021-2022
Title of the Program/ Event	Yoga Practice Event 2021-2022
Organizer	By Assamese Department of Golaghat Purbanchalik College
Resource Person	Danda Gohain, Assistant Librarian
Date	12.03.2022
No. of Participants	20

Skills enhancement initiative on Life skills

Golaghat Purbanchalik College, in its commitment to holistic student development, has launched a Skills Enhancement Initiative aimed at empowering students with practical and life-enriching skills. This initiative includes comprehensive training in life skills, such as critical thinking and problem-solving, which are essential for personal and professional growth. Additionally, the program offers workshops on yoga to promote physical and mental well-being, cutting and tailoring courses to nurture entrepreneurial abilities, and specialized beauty makeup training to open avenues in the beauty industry. A unique feature of this initiative is the workshop on beauty enhancement using waste materials, encouraging creativity and sustainability while transforming everyday waste into valuable beauty products. Through these diverse training opportunities, the college aims to equip students with the skills needed to thrive in today's competitive world.

Yoga practice event was held on 12.03.2022 Shri Danda Gohain, Assistant Librarian of Golaghat

Purbanchalik College was the Resource person of the programme. The practice was organised by Assamese Department of Golaghat Purbanchalik College..





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GPS Map Camera

Check In

Hatiakhwa Gaon, Assam, India

J26M+8XJ, Hatiakhwa Gaon, Assam 785626, India

Lat 26.609624°

Long 94.033625°

12/03/22 10:40 AM GMT +05:30

Google

YOGA LIFE SKILL SESSION 2021-2022 12.03.2022

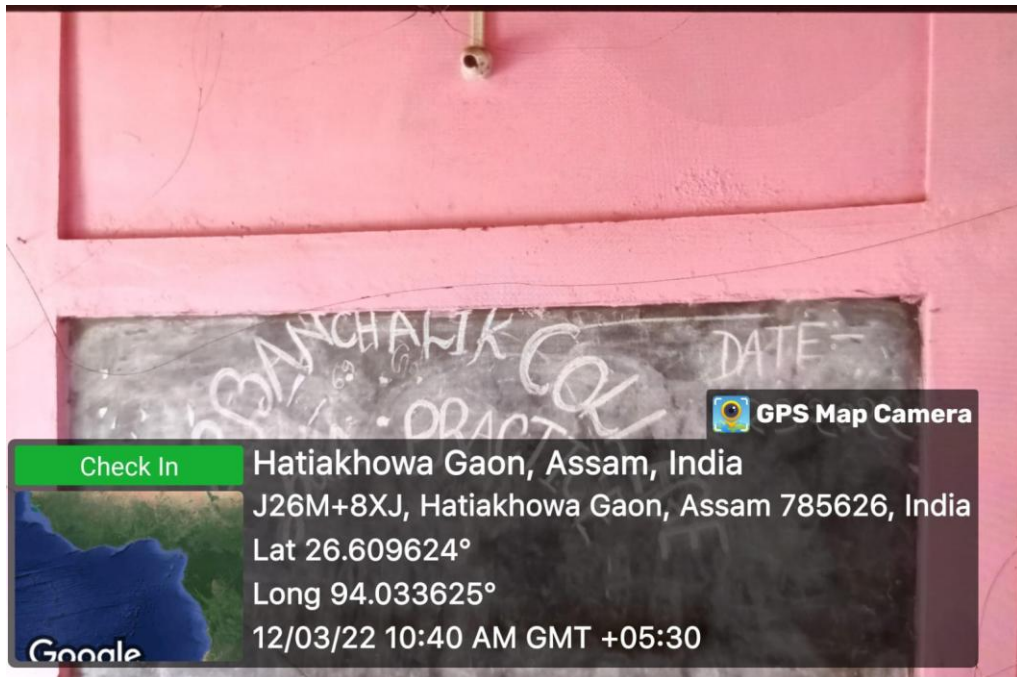




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- ১২.৯.২০২০ সন্ধিয়া কলকাতা বিশ্ববিদ্যালয়ৰ কলেজ
অধ্যক্ষীয়া পত্ৰসমূহ হস্তান্তৰত "গোলাঘাট পূৰ্বাঞ্চলিক কলেজ"ত
সকলক হস্তান্তৰত:
- ১) চন্দ্ৰকান্ত বৰুৱা
 - ২) বিজয়লক্ষ্মী বৰুৱা
 - ৩) Farhin Sultana Begum
 - ৪) জাহাঙ্গীৰ চান্দা
 - ৫) জাহাঙ্গীৰ চান্দা
 - ৬) জাহাঙ্গীৰ চান্দা
 - ৭) Akhilek Borah
 - ৮) Shoraj Saha
 - ৯) শিৱপ্ৰিয়ংকা
 - ১০) Lakshmi Borah
 - ১১) Jayanta Gogoi
 - ১২) Ujjwal Barman
 - ১৩) Anurag Gogoi
 - ১৪) Pragna Barua Sarma
 - ১৫) Sona Barman
 - ১৬) Farhan Yamin
 - ১৭) Kushi Teate
 - ১৮) Rajimoni Phukan
 - ১৯) Syamkanta Keot
 - ২০) Nurin Kureshma Hussain
 - ২১) Rana Begum
 - ২২) Sagar Jale